

FRESUBIN® THICKENED Stage 2*

DESCRIPTION

Fresubin® thickened is a high protein, high energy textured modified Stage 2 (custard consistency)* oral nutritional supplement. Lactose and gluten free.

PRESENTATION

200ml bottle available in vanilla and wild strawberry flavour.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

MUST ONLY BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE

Fresubin® thickened Stage 2 is prescribable on FPIO/GPIO for the following indications: dysphagia and disease related malnutrition.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: 3 x 200ml bottles per day will provide 60g protein, 900kcal and meets requirements for all essential micronutrients (excluding electrolytes) (Dietary Reference Values for Food Energy and Nutrients for the United Kingdom, DH 1991).

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

4 x 200ml bottles.

SHELF LIFE

12 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 27% Fat 40% Carbohydrate 32% Fibre 1%

ORDER CODES

Vanilla 7112601

Wild Strawberry 7113601

INGREDIENTS

Vanilla flavour - Stage 2* (custard)

Water, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, inulin (from chicory), flavouring, potassium citrate, thickeners (E1442, E407), emulsifiers (E471, soya lecithin), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. A, vit. B₆, sodium fluoride, vit. B₁, β-carotene, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodine, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Strawberry flavour - Stage 2* (custard)

Water, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, inulin (from chicory), flavouring, potassium citrate, thickeners (E1442, E407), emulsifiers (E471, soya lecithin), colouring food: beetroot powder, sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. A, vit. B₆, sodium fluoride, vit. B₁, β-carotene, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodine, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Also available:

Fresubin® thickened Stage 1 (syrup consistency)*

*National Descriptors for Texture Modification
in Adults (2009) BDA/RCSLT

Kosher and Halal approved.

* IDDSI Level 3

Date of Preparation:
June 2018

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	10	20
CARBOHYDRATE g	12	24
Of which sugars g	7.3	14.6
Of which lactose g	≤0.7	≤1.4
FAT g	6.7	13.4
Of which saturated fatty acids g	0.5	1
Of which monounsaturated fatty acids g	5	10
Of which polyunsaturated fatty acids g	1.2	2.2
FIBRE g	0.83	1.66
SALT g	0.13	0.26
WATER ml	79	158
OSMOLARITY mosmol/l		430
OSMOLALITY mosmol/kg H ₂ O		550

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	52 (2.3)	120 (4.6)
POTASSIUM mg (mmol)	140 (3.6)	280 (7.2)
CHLORIDE mg (mmol)	80 (2.3)	160 (4.6)
CALCIUM mg (mmol)	200 (5)	400 (10)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	27 (1.1)	54 (2.2)
IRON mg	2.5	5
ZINC mg	2	4
COPPER µg	375	750
MANGANESE mg	0.5	1
IODINE µg	37.5	75
CHROMIUM µg	12.5	25
MOLYBDENUM µg	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM µg	13.5	27

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 200ml
VITAMIN A µgRE	150	300
BETA-CAROTENE µg	375	750
VITAMIN D µg	2.5	5
VITAMIN E mgαTE	3.75	7.5
VITAMIN K µg	21	42
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.4	0.8
NIACIN mgNE	3.75	7.5
VITAMIN B ₆ mg	0.43	0.86
VITAMIN B ₁₂ µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	18.8	37.6

¹ Vanilla flavour

² Wild strawberry flavour

TYPICAL FATTY ACID PROFILE	g Per 100ml
C16:0 Palmitic acid	0.25
C18 Stearic acid	0.18
C18:1 n9 Oleic acid	4.60
C18:2 n6 Linoleic acid	0.91
C18:3 n3 a-Linolenic acid	0.20

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Lysine	0.85
Threonine	0.49
Methionine	0.29
Phenylalanine	0.51
Tryptophan	0.15
Valine	0.72
Leucine	1.01
Isoleucine	0.58

CONDITIONALLY ESSENTIAL	
Tyrosine	0.55
Cysteine	0.07
Taurine	-
Histidine	0.3
Arginine	0.37
Glutamine	0.76

NON-ESSENTIAL	
Glycine	0.19
Alanine	0.33
Proline	1.01
Serine	0.61
Glutamic acid	1.05
Aspartic acid and asparagine	0.95

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.09 ² /0.08 ¹
Fructose	-
Maltose	0.13 ¹ /0.14 ²
Sucrose	6 ² /6.7 ¹
Lactose	≤0.4
Oligosaccharides and Polysaccharides	4.93 ¹ /5.61 ²
Starch	-